

xXx WORDS

LEARNING OUTCOME

The young people will be able to identify symptoms, effects, treatments and prevention of Sexually Transmitted Infections.

METHOD

- Divide into small groups
- Ask the young people to name any STIs they know of. Note on flipchart paper. Let them know that it's OK to include slang terms
- Ask them to consider:
 - what are STIs – what do they know about them?
 - causes (viral/bacteria/how might these be caught?)
 - possible effects
 - symptoms
 - treatments
 - prevention
- Feedback to main group

Allow 10 minutes for this

- Handout copies of the Sexually Transmitted Infections Handout and the STI X Word. Using the Handout ask the young people to fill in the STI X Word

Allow 10 minutes for this

- If available, use a PowerPoint or overheads/acetates of pictures of STIs to demonstrate effects of STIs. Discuss each STI in turn. Point out that some STIs are symptomless
- Discuss and explore appropriate actions if you've had unprotected sex
- Discuss GP referral and local GUM services. Point out that services are free and confidential. Discuss condom availability, use, and how to apply a condom correctly
- Discuss and explore how having an STI may affect a relationship. Consider consequences – physical and emotional – also how some STIs can impact on fertility – and affect health of children infected by STIs e.g. Chlamydia/Gonorrhoea/eye infections
- Conduct a question and answer session to qualify learning and hand out literature on STIs to group

RESOURCES REQUIRED

Flipchart paper and pens

STI X Word and STI X Word answers

Handouts/leaflets/booklets about STIs (Handouts can be downloaded from Free Downloads section)

PowerPoint of STIs. The Red Knob produces an educational CD-ROM of images of STIs. Available from the Red Knob shop

Note: the PowerPoint slides can be converted to overhead/acetate form using a pc with PowerPoint and an appropriate photocopier

TIMESCALE

Allow 45 minutes – 1 hour